



March Inspirations

Virtue: Gentleness

Treating everyone with a tender heart.

Playing carefully, not causing harm.

Speaking to others with sensitivity, tolerance and compassion.

PAS Early Sprouts Harvest: Banana & Cucumber

Conscious Discipline Skill: Empathy

Empathy teaches emotional regulation, integrating the brain so children can take personal responsibility for their actions.

Tiny Branches

The Parable of the Mustard Seed

Practical Life Skill: Polishing

Saint: St. Joseph

Song: St. Joseph Hammer Song

Chapel: 3s host on March 28th at 11:45 a.m.

Prayer: The Lord's Prayer

Our Father, who art in Heaven, hallowed be Thy name; Thy Kingdom come, thy will be done on earth as it is in Heaven. Give us this day our daily bread; and forgive us our trespasses as we forgive those who trespass against us; and lead us not into temptation, but deliver us from evil. Amen.

Art Studio

3 - D, Sculpture, Auction Projects

Music and Movement

Instrument: Woodwinds / Wind Chimes

Exercise Focus: Ball Activities

Creative Recycling Program Donations: Old Keys/Metal Items