



November Inspirations

Virtue: Self-Control

The ability to restrain one's own impulses, emotions, or desires.

Waiting patiently for your turn to play with a toy you want.

Listening to the teacher's directions before jumping into an activity.

PAS Early Sprouts Harvest: Grape & Sweet Potato

Conscious Discipline

Composure

Composure is self-regulation in action.

It is the prerequisite skill adults need before reaching out to help children,

Tiny Branches

Geography of Israel

Practical Life Skill: Bean Pouring

Saint: Saint Kateri Tekakwitha

Song: Jesus Loves the Little Children

Article of the Church: Paten

Prayer

Table Blessing

Art Studio

Study in Printmaking

(Leaf Printing, Stamping and Collagraph)

Music and Movement

Fall Musical Performances

Exercise Focus: Core Strength

Creative Recycling Program Donation: Pinecones