



# October Inspirations

**Virtue:** Kindness

*The quality of being friendly, generous and considerate.*

*Complimenting a friend.*

*Sharing a toy with a friend who wants a turn.*

**PAS Early Sprouts Harvest:** Apple & Carrot

## Conscious Discipline

School Family

Safety and connection with significant adults are the prerequisites for creating a sense of belonging.

## Tiny Branches

Good Shepherd and his Sheep

Practical Life Skill: Bean Spooning

Saint: Saint Francis of Assisi

Song: He's Got the Whole World in His Hands

Chapel: 5s host **October 19<sup>th</sup>** at 11:45 a.m. in the Meadow

Gesture: Sign of the Cross

Article of the Church: Paten

### Prayer:

*In the name of the Father, and of the Son, and of the Holy Spirit. Amen*

## Art Studio with Miss Julie

Painting

## Music and Movement with Mr. Scott

Instrument: Maracas/Shakers

Exercise Focus: Midline Crossing

**Creative Recycling Program Donation:** Lids