

# CURIOUS & CAPABLE

September 2021



## THE ROOTS OF OUR FAITH AND CURRICULUM

Welcome back to PAS! We have been busy preparing our school for your arrival all summer long. We can do months of planning and preparation, but it is never fully complete until your children finally return. They make PAS come to life and we are ever thankful to share our days with each one of them. For those new to PAS, we utilize monthly inspirations as our springboard for school wide learning. This framework is rooted in our Catholic faith. Through this lens your children will experience thoughtfully curated environments designed to grow a deeper relationship with God.

During the month of September they will visit our atrium to learn more about St. Therese of Lisieux. They will also be learning and singing our 'Seed Song.' This special song is one we sing during chapels and all our special PAS events. This year, similarly to last, we will continue spending more time outdoors learning, exploring and growing! Our PAS garden harvest will focus on blueberry and tomato explorations. Through the use of our research-based curriculum, Early Sprouts, your children will engage in sensory activities, gardening, preparing recipes, cooking and finally tasting in a true 'seed to table' approach.

Mr. Scott will be engaging the children with exercises rooted in body awareness during their music and movement classes. Body awareness is important because not only does it help develop fine and gross motor skills, but it helps us do simple tasks without thinking about how our bodies are going to move. Did you know building your child's body awareness not only supports every aspect of your child's learning development, but it also strengthens their proprioception system which helps them gain a better sense of their bodies. Practice putting your left hand on your right toe with your child for example. Much harder than it looks, am I right?



Introducing children to our beautiful art studio and drawing will be the focus of Miss Julie's time during art. The development of drawing skills is very similar to writing. Children need to scribble before they can learn to write letters or draw realistically. Observing the children in the studio will help us further their cognitive growth. Thinking about whether a child

- is able to effectively hold and use scissors, paintbrush, crayons, etc.
- represents ideas and feelings
- can describe their art

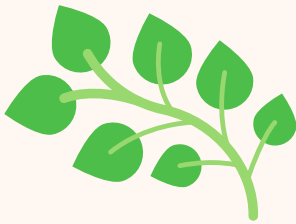
we can best determine each child's developmental strengths and challenges and respond in a way that refines and strengthens their skills.



These monthly inspirations touch on all areas of development focusing on your child's spiritual growth. I leave you with the lyrics to our 'Seed Song.'  
I hope you will sing along with us at home.

May you keep a song in your heart and a smile on your face always!

With love,  
Michelle Bivens



### Seed Song

There's a seed in my heart, let it grow. (2xs)  
There's a seed in my heart, there's a seed in my heart.  
There's a seed in my heart, let it grow.

There is joy in my heart, let it grow. (2xs)  
There is joy in my heart; there is joy in my heart.  
There is joy in my heart, let it grow.

There is love in my heart, let it grow. (2xs)  
There is love in my heart; there is love in my heart.  
There is love in my heart, let it grow