



October Inspirations

Virtue: Kindness

The quality of being friendly, generous and considerate.

Complimenting a friend.

Sharing a toy with a friend who wants a turn.

Fruit: Apple

Veggie: Carrot

Conscious Discipline Focus: School Family

Safety and connection with significant adults are the prerequisites for creating a sense of belonging.

Tiny Branches

Good Shepherd and his sheep

Practical Life Skill: Bean Spooning

Saint: Saint Francis of Assisi

Song: He's Got the Whole World in His Hands

Chapel: 5s host October 20th at 11:45 a.m. in the Meadow

'When God Made the World' Focus: Animals

Gesture: Sign of the Cross

In the name of the Father, and of the Son, and of the Holy Spirit. Amen

Art Studio

Mixed Media Painting

Music and Movement

Instrument: Maracas/Shakers

Muscle Group Focus: Quadriceps/Hamstrings