

Specialized Sports Coaching For Children

SPORT IS FOR LIFE!



www.playballkidsusa.com

PLAYBALL IS THE FIRST PROGRAM TO USE SPORTS AS A MEANS TO PROVIDE CHILDREN WITH A SOUND BASE TO DEVELOP EVERY ASPECT OF THEIR LIVES.

Classes have 6-12 children (depending on their age) and are 45 minutes long. Playball is Progressive. No two classes are the same. Children progress from an informal introduction to ball and motor skills, to more structured sports participation. Playball develops life skills alongside sport skills.

The Playball Sports Program Playball is a fun, structured and active way of engaging children in physical activity at a young age. Our scientifically researched curriculum provides a good platform for enhancing life skills and building a strong base for confident sport participation. Our goal is clear, to teach sport properly so that any child who attends one or all of our five programs will achieve a level of competence providing them with a springboard into future sports participation. The Playball program is for boys and girls of every ability and interest, as well as providing foundation sport skills for athletes of the future. The success of the Playball sport program is that through competent sports participation, your child will secure a solid base from which to develop many other and more important aspects of their lives.

HOW DOES IT HELP CHILDREN? We use the medium of sports, not only to improve gross motor development, increase concentration skills, build low muscle tone, to teach children to be competent in hand-eye/foot-eye coordination and improve balance; but sport is also used to teach basic, yet essential life skills. At Playball your children will learn persistence, courage, cooperation, respect, positive relationships, self-worth, communication, responsibility, and countless other attributes. We address the needs of the whole child – dealing with the emotional, social, cognitive, and physical.

WHO CAN SIGN UP? Playball is created to suit the needs and abilities of ALL children – to give them the confidence to participate in all activities, both on and off the field. At Playball, children learn the basis for such sports as baseball, basketball, hockey, tennis, soccer, volleyball, and more.

Playball by Connie 678-463-0431 www.playballkidsusa.com, playballbyconnie@yahoo.com

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