



October Inspirations

Virtue: Kindness

The quality of being friendly, generous and considerate.

Complimenting a friend. Sharing a toy with a friend who wants a turn.

Fruit: Apple

Veggie: Carrot

Tiny Branches

Good Shepherd and his sheep

Practical Life Skill: Bean Spooning

Saint: Saint Francis of Assisi

Song: He's Got the Whole World in His Hands

Chapel: Fives host blessing of pets on October 23rd at 11:45 a.m. in the Meadow

Gesture: Sign of the Cross

In the name of the Father, and of the Son, and of the Holy Spirit. Amen

Conscious Discipline Focus: Composure

Being the person you want others to become. Self-regulation in action.

Art Studio

Mixed Media Painting

Music and Movement

Instrument: Maracas/Shakers

Muscle Group Focus: Quadriceps/Hamstrings

Loose Parts Collection Item: Lids