



# December Inspirations

**Virtue:** Patience

*The ability to tolerate delay or trouble without getting angry or upset.  
Staying calm if there is a last minute change to highly anticipated plans.  
Watching and waiting for muffins to bake in the oven.*

**Fruit:** Pineapple

**Veggie:** Bell Pepper

## Tiny Branches

The Nativity

The Infancy Narratives of Jesus

Practical Life Skill: Rice Pouring

Saint: Saint Nicholas

Song: Away in a Manger

Chapel: 4s M-F host on December 11<sup>th</sup> at 11:45 a.m. in the church

## Prayer

Glory be to the Father, and to the Son, and to the Holy Spirit:  
As it was in the beginning, is now, and ever shall be, world without end. Amen

## Art Studio

Creating Christmas Collages

## Music and Movement

Instrument: Bells/Triangles

Muscle Group Focus: Gluteal/Hips/Abdominal

## Loose Parts Collection

Shiny Trinkets